

October

BREAST CANCER AWARENESS MONTH

FACTS AND STATISTICS:

MONTHLY
SELF-EXAMS CAN
INCREASE
CHANCES OF EARLY
DETECTION.

1 IN 8
WOMEN ARE
DIAGNOSED WITH
BREAST CANCER IN
THEIR LIFETIME.

1 IN 1,000
MEN ARE ALSO
DIAGNOSED WITH
BREAST CANCER IN
THEIR LIFETIME.

HIGHER RISK OF
BEING DIAGNOSED
IF YOU HAVE A
FAMILY HISTORY OF
BREAST CANCER.

RISK FACTORS:

- OBESITY
- ALCOHOL
- SEDENTARY LIFESTYLE

EARLY DETECTED,
LOCALIZED STAGES
HAVE A SURVIVAL
RATE OF 99%.



CALL AND SCHEDULE YOUR MAMMOGRAM TODAY!

KITTSON HEALTHCARE CLINIC HALLOCK: (218) 843-3825
KITTSON HEALTHCARE CLINIC KARLSTAD: (218) 436-2251

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